Newsletter

July 2019 No 5

Anna and her family are sharing some time with family for a few weeks. She will be back on Monday 22nd July.

While Anna's away...

The Community House is still open and running with the help of Members who have generously given up many of their days. If the House has to be empty for a short time while an errand is run, you will find a notice on the door and a phone number to ring. A big thank you to all who give so much of their time and energy to our local Community House.





MOSAICS

The Mosaics Artisans have been working away and having a wonderful time.

All of their creations are different.



Nagambie Lakes Community House Inc. 11 Prentice St. Nagambie, VIC 3608

Email: nlchouse32@gmail.com, Phone: 03-5794 1487

Open weekdays between 10.00am and 3.00pm

Reports and recaps

Walking Group

Exploring Strathbogie Tablelands

In May seven intrepid walkers in the NLCH's Walking Group headed west, through Euroa to the Strathbogie Tablelands. Warm ups were eagerly performed at Polly McQuinns, on Sevens Creek, where the water was racing over the concrete dam wall and onto large exposed granite rocks.

The water snaked around boulders, traversing a gently sloped granite plateau before reaching a deep pool surrounded by native vegetation. A ghost is said to haunt the waterhole at Polly McQuinns Reserve; named from a tragic drowning.

Rumour has it the waterhole is bottomless and that is why there was no trace of Polly or his horse!!!!!!

Next was the "Bridge To Bridge Walk" at Strathbogie township. This was a short easy walking track, (a project of Strathbogie Landcare Group,) a trek through reinstated native woodland behind the town. The track ran between the two main bridges leading in and out of Strathbogie, north and south. A hot cuppa at Strathbogie café warmed us all before the most demanding section of our day's walk that was to come next.



Reports and recaps

Walking Group

Mt Wombat summit was our next goal. Leaving the cars behind, halfway up the mountain, we strolled along the flat track until we reached and scaled the steep pathway to the top!! What a reward for us as we made it to the summit- vast 360 degree views of a picturesque landscape. We could pinpoint Nagambie from the top!!!!





Reports and Recaps

Shared Table

Casseroles at the House

SLOW COOKED

On 19th June we had a delightful evening sampling some very interesting recipes. Two soups, five mains and also three amazing desserts. Most of this was cooked in the slow cookers or slow roasted in the oven.





Our next feast will be on **Wednesday 17th July at 6:00pm** at the Community House.

Theme: Vegetarian.

Contact: Carol Wallis: 0429 696 787 wallis.carol.f@edumail.vic.gov.au



Upcoming events

WELCOME GROUP

Avenel Pub

JULY EVENT

The July event will be dinner at the Avenel Pub.

Date: Thursday 25th July

Time: 6.30 pm

Address 17 Mitchell Street, Avenel.

Menu: A typical pub menu, main courses from \$18.00

Licenced: drinks at bar prices

Booking: Contact Jeanette 5794 2115 or nagambiewelcomegroup@gmail.com by

Friday 19th July Parking: Street

Transport: Private vehicle

Car pool: If you need a ride please advise when booking

Toilets: Yes

Disability access: Some single steps

Special dietary requirements (e.g. coeliac): Please contact chef Tracey 5796 2418

Community House fee: \$2.00 per person



Community House Group events this month . . .

Arts Group

We get together on Saturdays from 1pm - 4pm in the Art Room at Nagambie Primary School. Contact: Valma Crerar, nlchouse32@gmail.com

Breast Cancer Support group

The next meeting will be held at the Community House at 1:00pm on Thursday 18th July. Contact Di Proud: 5794 1520.

Chess Group

This new group will be on Mondays at the Community House from 12:00pm. If you are interested, please contact Mike Thomas: 0438 180 163 or michaelthomas12@bigpond.com

Computer Group

Friday 12th July 1:00pm - 3:00pm BYO questions. Friday 19th July Microsoft Office Programs 10:00am (Apple users), 11:00am (Windows users) at the Community House. Just arrive with your laptop or device. Contact Sally Fyfield: 0408 141 969 or srfyfield@bigpond.com

Craft Group

We meet on Mondays at the Community House from 10:00am - 12:00pm. Contact Beryl Dukes: 5794 2829 or bgdukes@bigpond.com

Garden Group

We garden every Monday from 10:00am - 12:00pm. You can always buy some of the produce even if you don't garden. Contact Mike Thomas: 0438 180 163 or michaelthomas12@ bigpond.com

Matildas

The next outing will be to see the Australian Ballet perform the most charming comedy, Coppélia, at Riverlinks Westside - Echuca Road, Mooroopna on Saturday 10th August at 1:30pm. Cost Adult \$60 or Concession \$53. Contact Ilona King before midday this Friday on 0421 240 372 or larryilonaking@gmail.com.

Patchwork and Quilting

We meet in the Tennis Club rooms on Thursdays from 10:00am - 3:00pm. Contact Pat Moroney: gmoroney3@bigpond.com

Photography Group

The next sessions will be on Tuesday 9th July at 12:30pm and 7:00pm. Contact Judy Hoffman: 0427 973 228 or judyhoff@bigpond.com

Shared Table

Our next feast will be on Wednesday 17th July at 6:00pm at the Community House. Theme: Vegetarian. Contact Carol Wallis: 0429 696 787 or wal-lis.carol.f@edumail.vic. gov.au

Tow 'n' Yarn

Meetings and camping trips at different times and locations. Contact Max Dunstone: 5794 1868.

Ukulele Group

We meet at the Community House on Wednesday mornings at 9:00am. Contact Robyn Northey: robynalice2004@yahoo.com.au

Walking Group

Last Friday of the month. Our next walk will be at Heathcote Graytown National Park on Friday, 28th July. Contact Wendy Mason: 5794 2083 or mason.wendy.m@gmail,com

Welcome Group

For friends old and new! Meets monthly. Our next outing is on Thursday 25th July at 6.30pm for dinner at the Avenel Pub. Contact Jeanette: 5794 2115 or nagambiewelcomegroup@gmail.com by Friday 19th July.

Writing Group

We meet at the Community House on the second Tuesday of the month from 10:00am - 12 noon. Contact Vonnie Deering: vonnie. deering@bigpond.com

On the horizon...

New things are happening at the House:

- A "dinner on a shoestring-class"
- A self defence course for seniors
- Nagambie Townwide Garage Sale
- Chess Group
- Sourdough Bread Making
- Music and Drama for children

If you think you might be interested, please don't hesitate to contact one of our Committee Members who are looking after the House while Anna is away.