

## The Nagambie Neighbourhood Watch is coming in under the Community House Umbrella



Some of you might previously have heard about, or even met representatives from the Neighbourhood Watch. They were very popular at our April Block party where they put green "safety" screws on people's number plates.

Today, we are happy to announce that the Neighbourhood watch will be coming in under the umbrella of the Community House. Practically, that means they will be a group just like any other group and will regularly meet up on 7 Prentice Street.

Their next get together is on **Sunday the 8th of September, 12.00pm to 2.00pm**. So if you are interested in what they do or how you can contribute in keeping our community and neighbourhood safe, please don't hesitate to come check them out! The group leader will be Derek Atherton. Any questions, please email Jana on [pprygodicz@gmail.com](mailto:pprygodicz@gmail.com). All welcome!

### What is the Neighbourhood Watch?

*Neighbourhood Watch is a community based crime prevention program that represents a partnership approach to community policing. This program, launched in 1983, builds links between police and local communities to develop and put into action community safety initiatives.*

#### **Neighbourhood Watch aims to:**

- Minimise the incidence of preventable crime.
- Deter criminal activity by increasing the probability of apprehension.
- Reduce the fear of crime. Increase the reporting of crime and suspicious behaviour.
- Improve the degree of personal and household security through education programs.
- Expand the programs involvement in wider community safety and crime prevention initiatives, including yearly Neighbourhood Watch conferences.

**Nagambie Lakes Community House Inc.**

**7 Prentice St. Nagambie, VIC 3608**

**Email: [nlchouse32@gmail.com](mailto:nlchouse32@gmail.com), Phone: 03-5794 1487**

**Open weekdays between 10.00am and 3.00pm**

# Reports and recaps

*Matildas*

After having been dormant for quite some time, the Matildas are now back up and running again and with a bang one might add! Their first, very successful trip went to Bendigo where they admired the Windsor to Tudor exhibition. The picture below are of the happy crew that went there together.

Matildas next scheduled trip will take the group to Mooroopna and the Coppelia ballet. You feel like some more culture in your life but don't quite know where to start? Give Ilona King a ring and find out



## ***New Games Group at the House***

A brand new group has started up at the House and they meet Monday afternoons, (right after Garden Group) at 12.00pm. Are you interested in Chess or perhaps Scrabble or any other boardgame, please don't miss this great opportunity to get your brain working!

For more information, please contact Mike Thomas on:

[michaelthomas12@bigpond.com](mailto:michaelthomas12@bigpond.com)

**Monday  
12.00pm  
At the Community House**

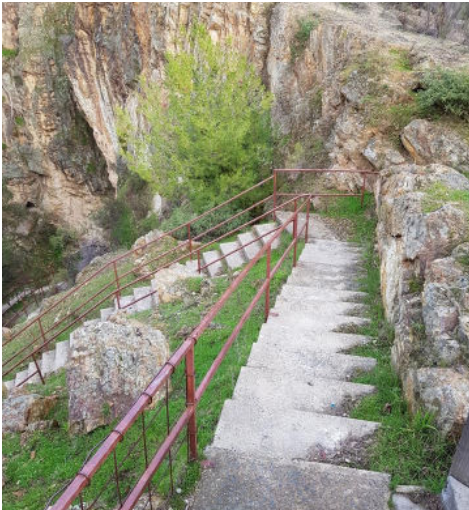


# Reports and recaps

## *Walking Group*



*The Walking Group on the 26th of July, 2019.*



*The stairs down to the old Balaclava mine. Photo: Helen Gilbert*



### **JUNE WALK**

In June, 18 walkers strolled both in Mangalore Flora and Fauna Park and circumnavigated part of its perimeter. The reserve is just 21kms south of Nagambie, on the Goulburn Valley Highway.

Walking through bush and alongside vivid green pasture, with views of the Strathbogie Ranges to the east, there were continuous conversations, laughter and the sound of choughs ringing through the cold, morning air. We welcomed Judy and John to our group.

### **JULY WALK**

On Friday, 26th July, the Walking Group, with Neville in charge, headed to Whroo. Whroo was a gold mining township in northern Victoria 7 km south of Rushworth and 10 km south-west of the Waranga Basin reservoir. The name is pronounced 'roo', and is thought to be derived from an Aboriginal word meaning lips. The word refers to a small, natural basin in the hilly terrain which held spring water. It is about 400 metres south-east of the Whroo cemetery.

Gold was discovered at Whroo in October 1854, the year after the discovery at Rushworth. The location of the find was named Balaclava Hill, which was a very rich field, and was later mined by open cut. The early rush brought thousands of miners to Whroo, but within 4 years the population had dwindled to about 450!

***Wendy Mason***



# Reports and Recaps

## *Art Group having an exhibit at the library*

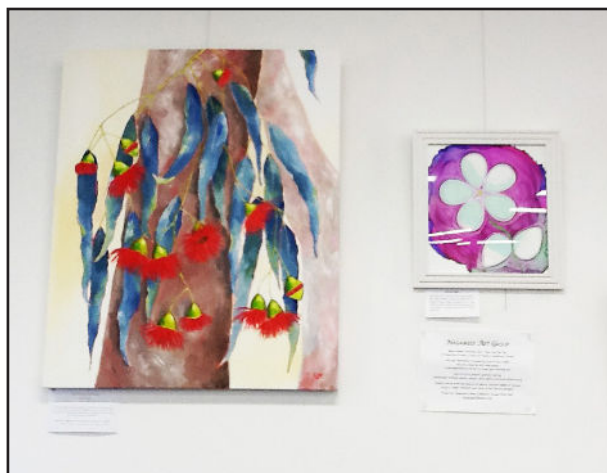
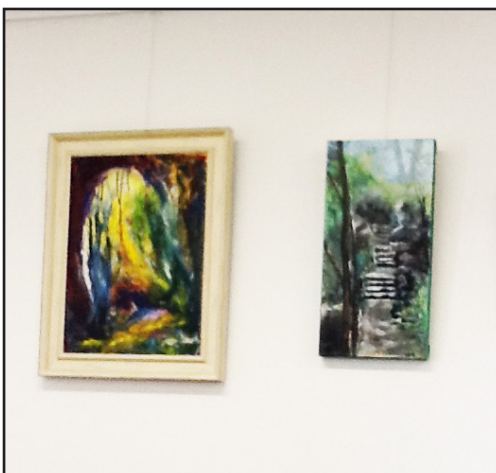


Photo by Bob Eaton.



Our very popular and highly skilled Art Group is having an exhibition at the Nagambie Library.

There will be a change over in about three months time, so don't miss checking them out!

## *Mosaic Course finishing up with a bang*

The Mosaic course superbly arranged by Edna James, was very appreciated and various different designs and items were created. Pictured to the left is Christine Brown's planter boxes, made by a concrete sheet and broken pots. Aren't they gorgeous?!

A huge thank you to Edna for putting the course on and for executing it so well!

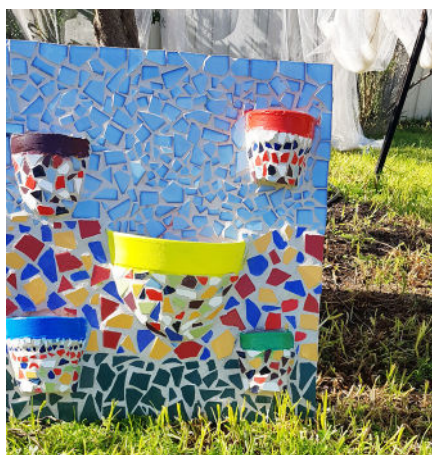


Photo by Christine Brown.

## *The House has a new address!*



For as many years as the Community House has existed, we've been believed our address is 11 Prentice Street. However, thanks to one observant new member, it has been brought to our attention **and** confirmed by the Strathbogie Shire, that our address is actually **7 Prentice Street!** We are also obliged to provide a visible number at our House and/or fence.

Christine Brown has taken the initiative to make a beautiful mosaic sign for the house wall, and Edna James will be making a number as well, to be displayed by the gate on our garden fence. BIG thank you to Edna and Christine for your lovely efforts!



# Reports and Recaps

## *Sourdough bread making workshop*



It was a beautiful, sunny afternoon at the House as Nicola McKeown came to hold her sourdough, breadmaking workshop.

Eight people ha signed up and got to enjoy not only the very informative talk, but also enjoyed hands on experience as they made their own loaves of bread to take home.

Thanks to the ever helpful Des Mason, the pizza oven had been roaring since early in the morning, and the breads came out looking and tasting amazing!

Thank you Nicky for an amazing day!





# Reports and Recaps

## *Music and Drama Group*

### It's finally started!

After many months of planning and discussions, the Nagambie Drama and Music Group for children is finally up and running. Every Tuesday between 4.00pm and 5.00pm, a group of ten to thirteen kids meet up at the Mary McKillop hall to enjoy all things drama and music. (A couple of the students even travel from Avenel.)

Talented teacher Caitlyn Trotter is currently doing a great job catering for the wide age bracket which currently spans between 7 and 11 years.

If you know of someone who would like to join, it's still not too late to sign up. Contact Anna at the House for more information.



# Upcoming events

## *Welcome Group*

### Dinner at Kalasin Thai restaurant

This restaurant is warm and cosy and there's virtually no distance to travel, so a visit to Kalasin Thai restaurant in Nagambie is perfect for a winter's night out. You will have full choice of the delicious Thai menu, and the restaurant is that rare thing these days; it has a BYO licence.

Please remember to invite people who you think would like to join the group. We particularly welcome newcomers to Nagambie but everybody, no matter how long they have lived here, are warmly welcomed. You are also very welcome to bring along friends, neighbours, relatives or your lovers.

**Event:** Dinner at Kalasin Thai restaurant  
**Time/date:** 6pm, Wednesday 28th August  
**Address:** 284 High Street Nagambie  
**Parking:** High and side streets.  
**Booking:** Book with me 5794 2115 or jmurray771@bigpond.com by 12 noon Wednesday 21st August.  
Thank you

**Toilet:** Yes  
**Menu:** Order your preference from the menu.

**Dietary restrictions (eg Coeliac):** Contact restaurant 5794 2200 to discuss your needs.

**Licensed:** BYO  
**Disability access:** Good.

Community house fee \$2.00 per person.

*Jeanette Murray*

*Bon appetite*

# Upcoming events

## WaistWatchers The Musical!



### Matilda's are going to see a musical

Don't miss out on this fun opportunity to travel with old and new friends to watch what rumour and reputation claim is a hilarious evening of entertainment. If you feel like giving it a go, please contact Ilona King, either on email or phone: [larryilonaking@gmail.com](mailto:larryilonaking@gmail.com), 0421 240 372. (Before August 9)

**Date:** 25th of October  
**Time:** 7.30pm  
**Place:** Riverlinks Westside, Mooroopna.  
**Cost:** \$30 per person if the group gets bigger than 6 people.

*(Carpooling from the Community House.)*

## August Walk with the Walking Group

On Friday, 30th August we will head to Tatura, where we'll complete the Tatura Cussen Park Wetlands Walk and walk to other interesting spots around town.

Heather will be leading the walk and all are most welcome. We meet at 8.30 at the Nagambie Lakes Community House to arrange carpooling. Hope you can join us.

**Wendy Mason**



*Photo from VIC Tourism*

# Upcoming events

## Craft day for children



**H**ave children or know someone who does? During school holidays, the House will be putting on a Craft day for all children 6 years and older.

Marg St. Leon will be running the course and she has a wealth of skills, knowledge and experience to put to use! All children will get to make a notice book and a card. It's going

to be a great morning, so don't miss out! Book in with Anna at the House, (a maximum of 10 kids, so book in early.)

**Tuesday, 24th of September**

**10.00am - 12.00pm**

**Cost: \$5 for material and \$2 for the House.**

## Are you interested in starting a Self-Advocacy Group?

**N**exus Primary Health, who are based in Broadford, have received funding from the *Office Of Disability* to promote and form Self-Advocacy groups in Mitchell, Murrindindi and Strathbogie Shires.

They would like to form 3 groups per Shire:

- 1 x self-advocacy group for people with a disability with higher cognitive and communication function.
- 1 x self-advocacy group for people with lower cognitive and communication function
- 1 x carer advocacy group for those caring for people with a disability.

Nexus Primary Health currently have two Self Advocacy Groups for people with lower cognitive and communication function in Mitchell and Murrindindi Shire.

Think this sounds interesting? Come see Anna at the House!

An infographic with five overlapping circles. The central circle is dark blue and contains the text 'Join a local Self Advocacy Group'. The other four circles are green, purple, orange, and red, each containing a question or statement related to self-advocacy groups.

**Would you like your voice heard?**

**Voices are stronger in a group**

**Are you a person with a disability or are you an important part of their life?**

**You can help your community be a better place**

**Join a local Self Advocacy Group**

**Want to know more?**

**Call Wendy Kelly (Rural Access) on 1300 77 33 52**

**nexus Primary Health**



# Upcoming events



## Membership fees are due

If you haven't already paid your membership fee, you are welcome to come and do so at the House. \$5 per person per year. New members: \$10. If your membership has been dormant for more than two years but you would like to rejoin, you will need to sign a new membership form and pay a new membership fee as well as the lapsed subs.

Members who only recently signed up to join, (during 2019) will not need to pay a new fee. And if that doesn't make sense, just come see Anna at the House.

## Annual General Meeting approaching...

You are hereby invited to attend the Annual General Meeting of the Nagambie Lakes Community House Inc. The meeting will be held on Wednesday 18/9 1:00pm, at the Nagambie Lakes Community House, 7 Prentice St, Nagambie. Guest speaker to be announced.

If you would like to nominate someone to sit on the committee, please come and pick up a form from Anna at the House.

**Wednesday 18/9 at 1:00pm.**  
**Nagambie Lakes Community House,**  
**7 Prentice St.**



## First Boomerang Bags meeting

As previously announced, the Boomerang Bags have come in under the Community House umbrella. They are not gearing up for the first get-together which will take place on **Friday the 26th of August, 6.30 - 9.30pm.**

Tentatively, the group will continue to meet every second Friday morning of the month between 9.30 and 12.20, and every fourth Monday evening of the month at 6.30. If you have any questions, please don't hesitate to contact Moya Stewart on [boomerangbagsnagambie@gmail.com](mailto:boomerangbagsnagambie@gmail.com)



# Community House Groups this month

## Arts Group

We get together on Saturdays from 1pm - 4pm in the Art Room at Nagambie Primary School. Contact: Valma Crerar, nlchouse32@gmail.com

## Breast Cancer Support group

The Group meets regularly at the Community House. Contact Di Proud: 5794 1520.

## Chess/Games Group

This new group will be on Mondays at the Community House from 12:00pm. If you are interested, please contact Mike Thomas: 0438 180 163 or michaelthomas12@bigpond.com

## Computer Group

Friday August 16th 10:00am - Windows/Apple 11:00am - Your own questions. Just arrive with your laptop or device. Contact Sally Fyfield: 0408 141 969 or srfyfield@bigpond.com

## Craft Group

We meet on Mondays at the Community House from 10:00am - 12:00pm. Contact Beryl Dukes: 5794 2829 or bgdukes@bigpond.com

## Garden Group

We garden every Monday from 10:00am - 12:00pm. You can always buy some of the produce even if you don't garden. Contact Mike Thomas: 0438 180 163 or michaelthomas12@bigpond.com

## Matildas

The next outing will be to see *Waist Watchers The Musical*. 25th of October, 7.30pm at Riverlinks Westside, Mooroopna. \$30 per person. Contact Ilona King before August 9th. 0421 240 372 or larryilonaking@gmail.com.

## Music and Drama group for kids

Meets Tuesdays at Mary McKillop Hall. 4.00pm - 5.00pm. Contact Anna at the House for more information.

## Patchwork and Quilting

We meet in the Tennis Club rooms on Thursdays from 10:00am - 3:00pm. Contact Pat Moroney: gmoroney3@bigpond.com

## Photography Group

The next sessions will be on Tuesday 20th of August at 12:30pm and 7:00pm. Contact Judy

Hoffman: 0427 973 228 or judyhoff@bigpond.com

## Shared Table

The next dinner for the Shared Table will take place at the Community House on Wednesday August 21st commencing at 6:00pm. The theme is 'Pastries'. Contact: wendycook.au@gmail.com

## Tow 'n' Yarn

Meetings and camping trips at different times and locations. Contact Max Dunstone: 5794 1868.

## Ukulele Group

We meet at the Community House on Wednesday mornings at 9:00am. Contact Robyn Northey: robynalice2004@yahoo.com.au

## Walking Group

Last Friday of the month. Our next walk will be to Tatura, where we'll complete the Tatura Cussen Park Wetlands Walk and walk to other interesting spots around town. Meet 8.30 at the House for carpooling.

## Welcome Group

For friends old and new! Meets monthly. Next event will be at Kalasin Thai Restaurant in Nagambie. 6pm, Wednesday 28th August. 284 High Street Nagambie. Contact Jeanette: 5794 2115 or jmurray771@bigpond.com

## Writing Group

We meet at the Community House on the second Tuesday of the month from 10:00am - 12 noon. Contact Vonnie Deering: vonnie.deering@bigpond.com

## On the horizon...

We are currently looking if there is interest in the following:

- Self Defense course for Seniors
- Nagambie Townwide Garage Sale

If you think you might be interested, please don't hesitate to contact Anna Close, either in person at the House, or via email: [nlchouse32@gmail.com](mailto:nlchouse32@gmail.com) or phone: 03-5794 1487



# From the Coordinator's desk

I've been back in Nagambie a little over two weeks now and feel like I've *almost* won the up-hill jetlag battle. (Well, not quite, but fake it until you make it, right? ;-)) As some of you might remember, I went to Sweden for a few weeks to spend time with family and friends and gosh had I missed them! I know that for some people, family isn't always easy. There can be wounds, hurts from the past and misunderstandings which over the years have created barriers and distance. Perhaps that's also why I'm so humbly grateful for the amazing people I get to call my family.

My parents are to this day my greatest role models in life. My dad is excentric, adventurous, kind, humble and very, very clever. Growing up, he never once raised his voice at me. For him, it was enough to simply look at me and tell me 'I had disappointed him', and I swore to myself to try my darn hardest not to repeat the same silly mistake. My mum is one of the hardest working women I've ever met. She always pushes herself to do a little bit more, whether we're talking fence painting, dinner parties or negotiating in the Swedish parliament building. And I know, she would stop at nothing to help me if I asked her...

More than anything however, my parents taught me about grace. About forgiveness and how there will come a day for all of us when we need our peers to look past our mistakes and see our aching hearts. When we will need love to cover our multitude of failures. And mum and dad didn't just talk about grace, they lived it. And sure, I grew up watching people occsionally take my parents generosity for granted, but they never became bitter. Instead, they forgave. I watched them being let down and sometime mistreated, but they didn't stop trusting. Not only did they forgive, they continued to look for good in people, speaking highly of others, and challenged my brother and myself to do the same. Interestingly enough, this didn't make them weak pushovers or door mats, quite the opposite. It was as if they let the inevitable wounds of life turn into golden scars; like they were just above all the drama, if that makes sense.

I'm humbly aware I will never be anything like my mum and dad. But even from the other side of the world they continue to challenge me in my relationship with other people. You see, offenses, hurts and mistakes are bound to happen. We will inevitably have bad days and can all probably remembers actions and words we wish we could have undone.

I think the key is to not linger on those times or beat ourselves up over the past, - '**shame isn't an agent of change**', as my favourite author puts it. But to rather use our flaws to propel us into a better version of ourselves and perhaps more importantly, quietly remember our own shortcomings the next time we feel let down by someone else.

In some ways, I think our House is also like an extended family unit. We spend time together, work together, learn and grow together, and this in spite of being very different, both culturally, socially and personally. We come with different experiences and perspectives, which can sometime create challenges as we interact with one another.

But what makes us different is also what makes us better. It makes us stronger, more diverse, more clever and more interesting. I mean, if we were all into gardening we wouldn't have a craft or a photography group. And if no one enjoyed cooking or meeting new people, there wouldn't be a Shared table or Wel-come group... As a coordinator, I'm thankful for our quirky differences and individual preferences. So dear member, stay you. **Stay gold.**

**At your service,  
Anna Close**

