# Newsletter

## Come to the Community House and warm up!



Some members and friends might remember what the fireplace in our Music room looked like when we first moved in, and if you do, this transformation will most likely knock your socks off! We asked our current and prevous Art Group leaders

Sonia Aspinall and Valma Crear, if they would consider painting the the pieces of timber covering our fireplaces, and this is the result. How absolutely stunning is this fire, and just in time for the cold season!

What an amazing accomplishment! Thank you Valma and Sonia!

Nagambie Lakes Community House 363 High Street, Nagambie, VIC 3608 Phone: 5794 1487,Email: nlchouse32@gmail.com ABN: 37 645 422 366 Open weekdays 10.00am - 3.00pm

## Fireplace



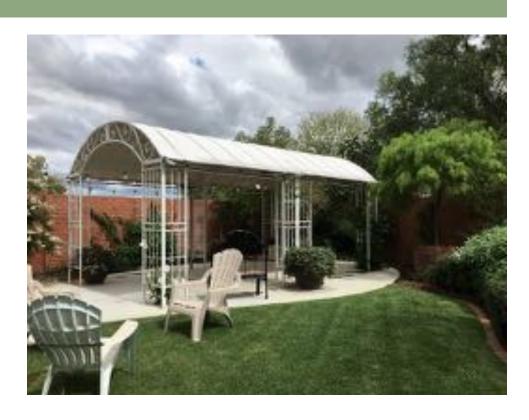
THANK YOU
SONIA AND
VALMA FOR
TAKING THE
TIME TO
COMPLETE SUCH
A BEAUTIFUL
MASTER PIECE
AT OUR NEW
HOME!

## Gazebo - Garden Design

he design of the back garden is still a work in progress, but the committee has decided to purchase a gazebo to create a shaded seating area. The size of it will appxomately be 6.1 by 4.0 metres and if you are interested in its location, you are welcome to have a look at the garden where some tentative lines have been drawn up on the ground.

We are still hoping to incorporate some vegetable boxes, a playground area and flowers. We welcome any ideas!

See picture of gazebo to the right.



### What else is new...

# Playgroup starting at the Community House

Starting on the 14th of May, Supported Playgroup will be at the Community House on Fridays. Supported Playgroup is funded by the Department of Families, Fairness and Housing and offered via the Strathbogie Shire.

Michelle Leech is the facilitator and she will welcome up to 10 eligible families into the weekly playgroup (held during school terms). Supported playgroups are all about the importance of play for early learning and development, helping families nurture their children at home through interactions and everyday routines.

At the Community House we are very happy to be able to welcome Michelle and the new families!



### A Wonderous Bus Trip

n Friday the 30th of April, the Community House organised a bus trip for teenagers and older kids in Nagambie wanting to attend the Wonder Woman movie screening in Euroa. We filled a 24 seater bus and everyone who came got to enjoy the movie and some yummy pizza, all paid for by the Shire.

We would like to extend a big thank you to Community Connector Bill Boyer for organising this wonderful oportunity and to Phil Close for acting as guardian for all the younger children, enabling them to come along.



### What else is new...

### PRIMARY SCHOOL DISCO

t started as an idea from our very own Carolyn Fox, who remembered the Blue Light Discos her own children used to attend when they were young. As these discos no longer takes place, Carolyn asked if this perhaps wasn't something the Community House could organise! A brilliant idea and after some planning and organising with both schools, we are now happy to announce that a disco will take place on the 18th of June!

If you are interested in helping out in any capacity, please contact Anna! We need help setting up, decorating, cleaning and fixing food. Our only requirement is that you have a valid Working with Children check.

The theme for the party will be Ocean/Lake, so if you happen to have any decorations with that theme that you wouldn't mind lending out, please let Anna know.



#### PRIMARY SCHOOL DISCO

18th of June 2021

Prep to grade 3: 5.00pm - 6.30pm

Grade 4 to Grade 6: 7.00pm -

8.30pm

## Do you have any Lily of the Valley bulbs?

member has contacted us asking if we know of anyone that has 'the Lily of the Valley' planted in their garden and also wuoldn't mind sharing a few bulbs. It's a pretty old school flower so chances are slim, but we thought it'd be worth asking.

If you happen to be able to help, please contact Robyn Northey who will act as gobetween.



Robyn Northey Phone number: 0458 147 333

## Financial Wellbeing - Money Minded program

o you want to manage your money better? Sick of your money going so quickly and feeling like you can't keep up? We are

looking for expressions of interest to facilitate a program run by Berry Street where you can get some valuable tools to use to manage your money better. Contact Anna for more info.

The program contains some of the below topics:

- Planning and budgeting setting goals
- Managing your money better
- Money attitudes
- Needs v Wants
- Credit Cards and loans
- Debt and how to manage it



## What else is new...

### **FAMILY WALKS**

n a wonderful collaboration with the Strathbogie Shire, the Community House will this year arrange a few Family Walks. Our amazing Walking Group has for many years arranged popular and appreciated walks all over our region. Now, we would like to extend this amazing opportunity to families with children: single parents, grandparents and grandkids, mums, dads and little ones.

Our very first walk will take us to the Tahbilk Wetlands where a brand new Aboriginal walking track has recently been opened. The track is a collaboration between the Taungurung Land and Waters Council, the Goulburn Broken Catchment Management Authority and Tahbilk Winery.

The trail is two kilometres long, (approximately 30 minutes of walking time) and features twelve highlighted native species and follows the existing short wetlands walking track. There will be informative signs and artwork by uncle Mick Harding and Tahbilk-based artist Rosa Purbrick.

We are aiming at also provide a barbecue in conjunction with the event and ask people to book in to secure a spot at this free event. More information and details will follow shortly, but if you want to secure a spot already, book in with Anna at the House.









Google image.

ue to unforseen circumstances, we have decided to cancel the Country & Western party.

We would like to take this opportunity to thank everyone who was involved in the planning of the party, and particularly June DeBono who spent many hours preparing for the event.

We hope to be able to revisit this space again. Thank you and sorry for any inconvenience this has caused!

### HLTAID003 PROVIDE FIRST AID



Book in no secure your open in this first dut course today delicance at hisparities takes Community riscon. This is an according course about a suitable for facts these who are now to frequest and for those booking for a refresher furnishers and med to complete as series theory poential testary attending the course.

For more otherwood or to book your spin, piece context into at the ritiosity safety (MC-SC-SC) or by produce construction (Migrael.com)

> 7th of May, 2021 5:00am - 4:00pm Neganitie Lakes Community House 363 High Street, Nagambie

## Price: \$149

This making is presented by The Garery for Continuing Education on ACON







### COMMUNITY HOUSE

#### ART GROUP

Meet Saturdays at the Nagambie Primary School. 1.00pm - 4.00/4.30pm (Tea break at 2.30 for critique and business discussions.)

Contact: Sonia Aspinall, nlchouse32@ gmail.com, 0427 679 180.

#### BOOMERANG BAGS

Have not started meeting up again. Contact: Moya Stewart, 0425 - 796 297 or boomerangbagsnagambie@gmail.com

#### BREAST CANCER SUPPORT GROUP

Have not started meeting up again. Contact Di Proud: 5794 1520.

#### SCRABBLE/GAMES GROUP

Meets most Monday afternoons at the Community House. For more information on next get-together, please contact Jeanette Murray on jmurray771@bigpond.com.

#### COMPUTER SUPPORT

Upcoming sessions: 14th and 21st of May. 10.00 - 12.00. Book in with Sally and bring your laptop, tablet, or phone.

Contact Sally Fyfield: 0408 141 969 or srfyfield@bigpond.com

#### CRAFT GROUP

Meets Mondays, 10:00am - 12:00pm. Contact Beryl Dukes: 5794 2829 or bgdukes@bigpond.com

#### Garden Group

Meets Mondays between 10.00am and 12.00 at 7 Prentice Street. Contact Robyn Northey for more information 0458 147 333.

#### LAKESIDE LARKS

Meets Thursdays between 5:30pm and 6:30pm. All welcome! For more information, please contact Wendy Mason on: mason.wendy.m@gmail.com.

#### GROUPS TO JOIN

#### MATILDAS

Next cultural adventure: A Taste of Ireland, 4th of June, 7.30 - 9.25. To book in and for more information, contact Group leader: Ilona King on ilonaking2948@gmail.com

#### PATCHWORK AND QUILTING

Meets Thursdays at The Kearns Centre. 10:00am - 3:00pm. Contact: Anne Turville, anneturville@gmail.com

#### SHARED TABLE

Meets every third Wednesday evening of the month, sharing a theme inspired meal. Next get-together will be a picnic lunch at Olive Grove in Kialla. Contact: Elizabeth Branagan, emmeng@hotmail.com

#### Tow "n" Yarn

Next camp, possibly 21st of July to 3rd of August, possibly to Mlldura. Contact Max Dunstone: 5794 1868.

#### UKULELE GROUP

Meets Wednesday mornings at 9.30am at the Community House. Contact Robyn Northey: robynalice2004@yahoo.com.au

#### Walking Group

Walking with friends on the last Friday of the month. Leaves from the Community House at 8.30. Contact: Wendy Mason, mason. wendy.m@gmail.com, 0438 231 285.

#### Welcome Group

For new and old friends.Next excursion to Box Grove winery, Wednesday 26th May. Contact Jeanette: 5794 2115 or nagambiewelcomegroup@gmail.com

#### Writing Group

Meets every second Tuesday of the Month. 10:00am - 12.00pm. Contact Vonnie Deering: vonnie.deering@bigpond.com

## Computer Group

o you need help with your computer, tablet or phone? Or would you like to learn how to use it for a specific purpose? Don't miss our computer support group run by the excellent Sally Fyfield. Book in to secure a time slot or take a chance and just show up. You can reach Sally on phone number: 0408 141 969 or email: srfyfield@bigpond.com

Please remember to bring your device AND cords and passwords! Following dates are available:

14th of May 21st of May 11th of June 18th of June 10.00 - 12.00



## Matildas

atildas are our very own culture and music enjoying crew. They have lined up heaps of adventures for this winter. Don't miss out on all the fun! Get in contact with Ilona King to secure your spot!

#### Ilona's email is: ilonaking2948@gmail.com

Friday, 4th June 2021 Taste of Ireland - Fully

booked

Sunday 13th of June Human Nature - Fully

booked

Friday 2nd of July World of Musicals

Saturday 28th of August Queen forever break

free tour



## Shared Table

s Easter had just been, our theme for the month of April was seafood and chocolate. Sadly I was so busy enjoying the delicious dishes I forgot to take more photos. Rest assured they were all amazing, made with love and certainly enjoyed by all who attended. With good food, outstanding company and washed down with some lovely vino our get togethers ensure everyone has a wonderful evening, sharing recipes, anecdotes and just plain fun.

For starters our newest member Viv bought along Salmon Blini, and I had made some salmon cakes served with a very garlicy aioli, and lastly was Deane's amazing salmon dip.

Bob's salmon bake was delicious and Peter's favourite of the evening, Jeanettes paella was outstanding, I was lucky enough to take some home with me. Jill tried a new recipe, seafood chowder pie, which turned out really well. The salmon quiche from Carol was devoured, with nothing left over.

Our desserts were first class and completely out of the box. Judy did a homemade rocky road, which is one of her families go to favourites. Alice did two desserts, one was little Easter eggs, halved and filled with Baileys Irish Cream, so so decadent and yummy. Her second recipe was a chocolate hot cross bun cake filled with a mixture of cream and mascarpone. None of us had ever tasted this before so it was a real treat. Carol and Eileen also made chocolate mousse to share.

Our next shared table will be a picnic lunch at the Olive Grove in Kialla. Thanks to Alice for organising a tour of the olive grove and factory, I am confident it will be an interesting and informative day out.

#### Elizabeth Branagan Group Leader







## Garden Group

### Herbs for sale at Prentice Street

As we're going towards the colder season, the Garden Group currently don't have a lot of produce to sell, but they have a lot of fresh herbs! Take a look at the list below and see if there's anything you would be interested in. All for a voluntary donation. Just come by the house Mondays between 10.00am and 12.00pm.

THYME LEMON BALM MARJORAM

THAI BASIL MINT ROSEMARY PARSLEY LEMON GRASS BASIL









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## Volunteers wanted!

As most of the Community House has moved into our beatiful new facility on 363 High Street, we still have a couple of groups who mostly operate out of other facilities. The Art Group and the Garden Group are two of these. As per a verbal agreement with the Shire, we will still be able to utilise our garden on Prentice Street for the foreseeable future. Every season, the beds we have there produce an array of wonderful organic vegetables, all under the tender care and supervision of our marvellous Garden Group.

Do you have green fingers? Or would perhaps like to get some? Now is your chance to get involved! The Garden Group is looking for more members, and not all the jobs require a professional gardener's eye; there is also construction work, weeding, digging and coffee drinking to get done! The group meets every Monday 10.00am and 12.00pm. Welcome!

## Garden Group

### OPEN DAY, OPEN DAY, OPEN DAY!

ould you like to learn more about growing your own food, saving seeds, propagating new plants for free or creating compost bins/ bays or a worm farm of your own? N.L.C.H. Community Garden is open to anyone interested in joining our small team of volunteer gardeners.

It's a lot of fun and our generous crew would be happy to help and advise if you are interested in joining us on a Monday or Thursday morning whenever you can. No previous experience necessary of course!

**WHEN:** Saturday 15th May from 9am until 12 midday. Morning tea or coffee and biscuits are provided and there will be a few plants available for a small donation.

**WHERE:**7 Prentice Street, Nagambie. Everyone welcome to come along and see what we do i n o u r productive vegetable patches.

**CONTACT:** Yvonne, 0438 372 304 or Robyn, 0458 147 333 for further information.















## Welcome Group

n the 22nd of April, the Welcome Group made a lovely trip to Sunny Meade Gardens. Craig Irving, who alongside his parents helped create the beautiful gardens, served afternoon tea with lovely scones.













Photo by Ruth Close.

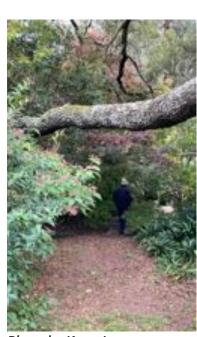


Photo by Kaye Jones

## Welcome Group

#### VISIT TO BOX GROVE WINERY

In May the Welcome Group will visit this local winery for a cellar tour and a wine tasting. Dave of the Digging in the Community Voice, recently featured a visit to Box Grove. He was very taken with the sculptures on display including bushrangers (with the famous Ned) and a huge image of a Banksia. I encourage you to come along for a lovely afternoon.

Please note: There are two properties in the Nagambie district named Box Grove, one is located on the road out to Kirwans Bridge - we are NOT visiting that one. See below for the address of the Box Grove Winery we are visiting.

**VISIT BOX GROVE WINERY:** Cellar tour and wine tasting

WINEMAKER: Sarah Gough

**DATE:** Wednesday 26th May 1 o'clock at the winery

ADDRESS: 955 Avenel- Nagambie Road, Nagambie COST: \$10.00 per person, plus NLCH \$2.00 fee.

**BOOKING:** To Jeanette Murray jmurray771@bigpond.com or 5794 2115

Seeya soon, Jeanette Murray Nagambie Lakes Welcome Group Tel; 5794 2115



## Walking Group

## Hughes Creek Hill walk

n the 30th April our Walking Group, led by Lois and Bobbo McMaster, traipsed up and down Hughes Creek Hill, only 5km south of Nagambie. We had spectacular views from the top of the hill and spectacular billy tea or billy coffee with Anzac biscuits, choc-chip biscuits and spectacular fruitcake halfway down the hill!! [If you include the blurry photo Anna, and two walkers found a flowering wahlenbergia/bluebell.]

We always walk on the last Friday of the month and everyone is welcome to join in.

An extra walk will be held on Saturday, 19th June at 10a.m. The walk is part of the Tahbilk Wetlands & Wildlife Reserve developed in collaboration with Taungurung Land & Waters Council, Goulburn Broken Catchment Management Authority, Angela Ten Buuren, Shane Monk, Mick Harding and the Purbrick Family.

The new section is called the Tabilk-Tabilk Indigenous Flora Trail Walk. Anna is taking bookings for this FAMILY walk, so give her a ring if you and your family would like to join in.



## The Larks

### Harmonies and old classics

uring April Larks have been singing many Beatles songs. We are starting to add harmonies to some and surprise ourselves with how many of the words we know, from way back when we were youngsters!

We're also singing Lee Kernaghan's 'Spirit of the Anzacs' charity single from 2015. The Artists, the Songwriters, the ABC, record labels and publishers donated their proceeds from the song "Spirit of the Anzacs" to Soldier On and Legacy.

A bigger challenge has been singing the Simon and Garfunkel Scarborough Fair Canticle. But we are working at it and making steady progress.

We now sing from 5.30 to 6.30 every Thursday evening at The Kearns Centre. There are no auditions to join in and we're a friendly lot!!

COME SING WITH THE LARKS!
Thursdays
5.30pm - 6.30pm
The Community House



Photo: Simon and Garfunkel, Rolling Stones.

## Tow 'n' Yarn

s this newsletter is being finished up, our joyous Tow 'n' Yarn crew are enjoying nature and scenery at Lake Fyans, in the Grampians. If you've missed out, fear not, another camp is just around the corner:

Next Camp: Possibly 21st of July - 3rd of

August 2021

Where: Possibly extended touring to

Mildura

For more information or to join in on the fun, please don't hesitate to contact Group leader Max Dunstone on 0437 579 413



Photo: Lake Fyans, Tripadvisor.

# From the Coordinator's desk

esterday I cleaned my windows. Completely the wrong day to do it of course, as the sun was shining and I really had no idea how streaky the windows were getting until I had already finished and stowed buckets and spunges and squeegees away in my cleaning cupboard.

With that said however, even with streaks, the windows now look a million times better than they did before. It's almost as if the world outside *looks* different; crisper, more clear and sharp. Nature hasn't changed of course, by the lens through which I see it has. And inevitably, yesterday's exercise also reminded me of the lenses I always carry with me, that I interpret the world through.

When I was a teenager, my dad told me a story of a woman who was accused of kidnapping her children and running away with them. The father was described as the victim by everyone around them, when in reality, my father said, the mother was saving the children from a man who had been physically and verbally abusive for years. "Things are not always what they seem", my father reminded me.

I think about that story from time to time, perhaps not so much in the context of family violence as in the context of lenses. See, whether we are aware of it or not, I think we often subconsciously interpret what is going on around us. We look at what people are doing, what they are saying and we draw conclusions. Sometimes we judge. Sometimes we point fingers. Sometimes we gossip or criticise, and sometimes we love or forgive. I've found that our chosen reaction often depends on what kind of lens we are wearing. "How clean our windows are", in lack of a better word.

Do we carry a wounded lens which makes us think we are constantly being criticised? Do we have a lens of insecurity, which causes us to think everyone else is in a competition with us for attention or love? Do we have a lens which is fearful, causing us to think the worst of people? I've learnt that my lenses change, sometimes even without me even being aware of it, and then suddenly I notice that they are all fogged up and that I'm not seeing things clearly. I start judging instead of showing grace. I get irritated instead of trying to understand. See, I want my lenses to remind me that people are gardens, and not machines. Please allow me to explain...

Gardens aren't static, cold nor particularly predictable. Gardens are soft, changeable and sometimes a bit tricky to understand. Gardens have seasons when they will bring forth lots of fruit and flowers and colour. But they also have seasons when they are resting, dormant and tired. At times the garden might need lots of water and fertiliser, yet other seasons it seems almost self sufficient and strong. It's all the same garden, just at different times. But if I only laid my eyes on it at a season of drought or during winter, I might be misled to think there's nothing really there to value. But then the first spring rain falls, and the buds start to burst...

That's the lens I want to wear. Where I remember things aren't always what they seem. That people aren't simply predictable and neverchanging machines, they are gardens. They might have an array of rare orchids, which simply need the exact right circumstances to bloom, or even the right climate, but the current soil is only leaving room

thorns. Well, instead of cursing the thorns, want my lenses to help me try and visualise the orchids. And perhaps even supporting them bloom.

At your service,

Anna Close



Photo: Love by Lou Photography