

International Women's Day Breakfast 2022

It's one of the year's most popular and sought after events. The NLHC International Women's Day Breakfast. It provides us an opportunity to highlight and celebrate women's rights, accomplishments, and contributions. Tickets normally sell out quickly, so get in early and make sure you don't miss out on what is guaranteed to be an interesting and inspiring morning.

This year's speaker is Olympic Rowing Medalist Lucy Stephan, OAM. Lucy is a seven-time consecutive Australian champion, a 2016 and 2020 Olympian and a world champion. In 2017 she won a world title in the coxless four and regained that same world title in 2019. At the Tokyo 2020 Olympics she led the crew from the bow seat of the Australian coxless four to a gold medal victory.

After last year's much appreciated service by the Rowing Club, we will yet again enjoy their wonderful service.

Come and buy your ticket at the Community House, open Monday - Friday, 10.00am to 3.00pm, or book with coordinator Anna Close via email: coordinatornlch@gmail.com and pay straight into our bank account, reference your name and IWD. Community House Inc. BSB: 633 108, Account number: 163 305 592.



Lucy Stephan. Photo: Love by Lou Photography

NAGAMBIE ROWING CLUB
19TH OF MARCH 2022
8.00AM
PRICE: \$30 PER PERSON

ALL WELCOME!

363 High Street, Nagambie, VIC 3608
Web: nagambielakescommunityhouse.org
Phone: 5794 1487 Email: nlchouse32@gmail.com
 facebook.com/NLCHouse
ABN: 37 645 422 366
Open weekdays 10.00am - 3.00pm

Immunisation Program at the House

Looking to get your next flu shot? Or perhaps your child or grandchild is due for their next injection from the National Immunisation Program? Welcome to the Community House! In collaboration with Wodonga and Strathbogie Shire Council, you can now get your immunisation sorted at the Kearns Centre/Community House.

This great initiative is open to all members of the community. However, due to the COVID-19 social distancing requirements, all immunisation services will be by appointment only. To book in a time slot for you or your child, please call 1800 655 360. Only one parent/guardian/support person is encouraged to attend with each client to be vaccinated.

If the person to be vaccinated is under 18 years, consent for vaccination must be given by a parent or legal guardian. After you've received your vaccination you must wait at the House for 15 minutes. We can offer coffee and a bikkie or why not use the time to catch up on all the great things happening at the House!

What to bring:

- Your Medicare card; and
- Your vaccination record/your child's health record.

Who can come:

- Children aged 0 - 5 year, preschool and school age children according to the recommended National Immunisation Program Schedule
- All community members of the Shire

**FOR FURTHER INFORMATION,
PLEASE PHONE 1800 655 360,
EMAIL IMMUNISE@WODONGA.VIC.GOV.AU**

THIRD WEDNESDAY OF EACH MONTH. NEXT AVAILABLE DATES:

March 16
April 20
May 18
June 15
July 20
August 17
September 21
October 19
November 16
December 21

What to bring:

- Your Medicare card; and
- Your vaccination record/your child's health record.

Who can come:

- Children aged 0 - 5 year, preschool and school age children according to the recommended National Immunisation Program Schedule
- All community members of the Shire



COMMITTEE REPORT 9/2 2022

Last Committee meeting was held on the 9th of February 2022. The following points were discussed:

- The NLCH Art Group will complete a mural on the Library wall. The winning concept was drawn by Trudy Oldaker. The NLCH has supported the project with a letter to be used in a grant application from the library.
- Edna has purchased a toilet seat for the laundry toilet.
- The St Theresa statue from the laundry will be moved back to the church. We will continue to investigate ways to free up space in the laundry.
- The shade sail from the Presbytery church can be moved to the Community House backyard. Anna will investigate how to proceed and what costs are involved.
- Now that fence is completed, two truckloads of soil will be tipped in the backyard. Mitch Sanderson will spread the soil when the electric cabling to garage is completed and the Neville Brothers have completed the trenching and pipe laying for water taps.
- Des has put in for quotes with Solar Gain in Shepparton and B&D North electrics. Carmel will also ask John from Tiger Solar for a quote.
- Rhonda from the restoration committee will oversee the project of fencing the well.
- W Tranter will work on the roof, fascia boards, spouting etc on the backyard garage.
- Erica is investigating the possibility of running a conversation café for people who are lonely or in isolation.
- Anna will continue to have Thursdays off. In her absence, Erica Bostock will cover office duties at the House.
- A calendar has now been put up on the notice board in the Music room. Members are encouraged to add events as necessary. Next meeting: March 16th 2022, 1.30pm.



Committee member Erica Bostock will be in the Office at the House on Thursdays.



Trudy Oldaker's proposal for library mural will hopefully soon get started.

Conversational café at the Community House?



Rick Tranter has been working on the garage. In accordance with the committee decision.



Summer Photo competition



Photo: Judy McDonald



Photo: Karyn Thompson



Photo: June DeBono



Photo: Renate Abra



Photo: Rachel D'Andrea



Photo: Lex Kleinig

Summer Photo competition



Photo: Kerry Harrison (Winning photo!)



Photo: Darren Free



Photo: Louise Roberts



Photo: Sally Bazeley



Photo: Fiona Ashcroft

RECYCLING WORKSHOP

Ever felt unsure of what and how to recycle? Want to learn more about how to become more waste wise and produce less waste? Here's your chance to get on top of those pesky lids and random plastic containers!

Grace Davis-Williams (Regional Waste and Resource Recovery Officer) is holding a workshop on the importance of sorting household waste correctly into the relevant bins. Grace has invited attendees to bring along items they are unsure of sorting into the correct bins e.g. lids off medicine bottles, soft plastic wrap, polystyrene food trays. Grace has a wealth of experience in the area of waste management and will answer any questions pertaining to this important subject.

This workshop is part of the Nagambie Lakes Community House's promotion of Clean Up Australia. A Clean Up Australia clean up will be held in Nagambie on Sunday March 6th with registration at 9:30am at the Nagambie Lakes Community House.

WHERE: AT THE NAGAMBIE LIBRARY
WHEN: MARCH 3RD 2022
11.00AM - 12.00PM



ART CLASSES?

Last year's art classes, led by artist Amanda Hocking, was a huge success. The participants learnt a variety of techniques, skills and rules - and when to break them! Amanda has expressed that she enjoyed her visits to Nagambie and would be interested in coming back and doing another set of classes.

If you feel like you missed the train last year or perhaps enjoyed it so much you would like to jump onboard again, please don't hesitate to get in touch with Coordinator Anna Close at the House, coordinatornlch@gmail.com Looking for expressions of interest!



Painting by Art Class participant Wendy Cook.

CLEAN UP AUSTRALIA DAY SUNDAY MARCH 6TH



You are hereby invited to join the Nagambie Lakes Community House on Clean Up Australia Day. We are organising a clean up of the township of Nagambie as well as of Lobbs Lane and Kirwans Bridge Road.

This will be a COVID safe event.

Meet up outside the
**Nagambie Lakes
Community House
363 High Street
6th of March
9:30am for registration**

The clean up will commence
at 10:00am.

WELCOME!

REMEMBER:

- PLEASE BRING YOUR OWN GLOVES.
- IF POSSIBLE, WEAR HI VIS VESTS OR CLOTHES.
- CHILDREN MUST BE SUPERVISED BY AN ADULT AT ALL TIMES.

THE CLEAN UP WILL CONCLUDE BACK
AT THE NAGAMBIE LAKES COMMUNITY
HOUSE AT 12:00PM.



LIDS4KIDS

For a while, the NLCH has been a drop-off point for Lids4Kids. However, it's been a little bit undercover. Now, we are soon ready to launch big! Before then however, we would like to be clear with what lids and at what condition we can receive them.



WE ACCEPT:

- CLEAN AND DRY WATER BOTTLE LIDS
- CLEAN AND DRY SOFT DRINK BOTTLE LIDS
- CLEAN AND DRY MILK BOTTLE LIDS (INCLUDING UHT)

REMEMBER THAT IF THE LID HAS A SEAL, TAKE IT AWAY!

HOW TO, IN SIX EASY STEPS...

DEPENDING ON HOW MANY LIDS YOU HAVE, SORTING THE COLOURS MIGHT NOT BE APPLICABLE. WE WOULD HOWEVER GREATLY APPRECIATE IF YOU COULD DO THE FIRST FIVE STEPS.

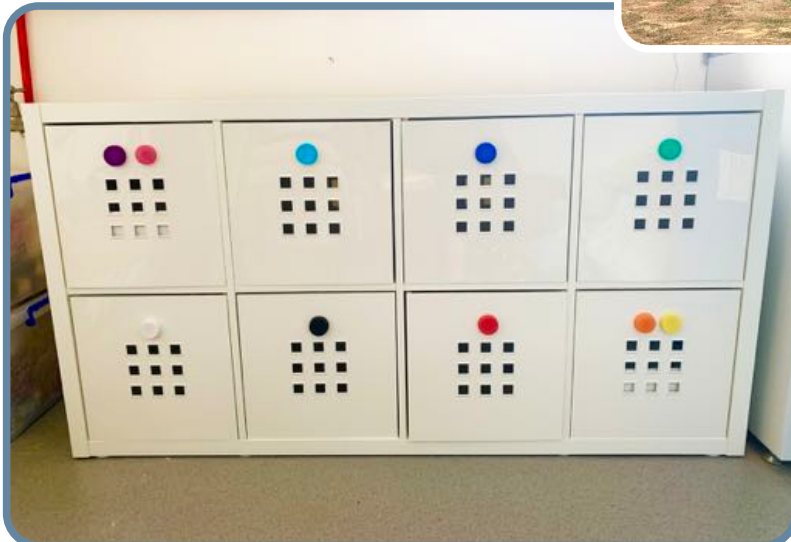
IF, FOR SOME REASON YOU CANNOT, PLEASE DON'T HESITATE TO DROP THE LIDS OFF AS IS, AND WE WILL ASK FOR VOLUNTEERS TO HELP GET THEM SORTED!



LID SORTING AT THE HOUSE

On Friday the 25th of February a whole group of people met up at the House to help sort lids into respective colours. The gigantic job of washing the lids had already been done by committee member Erica Bostock. (Thank you Erica!) A happy group of people met up in our garden and were soon joined by some committed students from St. Joseph's School across the fence. A big thank you to everyone who joined in on the fun!

From here on, we are hoping that everyone dropping their lids off will have washed and dried them. With our new amazing storage unit pictured below, it will also be easy to sort them into the right colours.



NEW SORTING STATION AT THE HOUSE! IN OUR LAUNDRY ROOM TOWARDS THE BACK, WE NOW HAVE A WONDERFUL STATION FOR YOU TO DROP OFF YOUR LIDS. ALL COLOURS WELCOME! JUST POP THEM IN THE RIGHT BOX!

WALKING GROUP

On the 4th of February the NLCH Walking Group held a meeting at the Community House gardens. New exciting walks were discussed and plans for a wonderful year took shape. Below you will find the Walking Schedule for 2022. Please bare in mind that there might be some changes occuring due to pandemic regulations, weather conditions, dragon's mating season and magicians spells. However, today, the schedule looks as follows:

DATE	LOCATION
MARCH 25TH	SHEPPARTON
APRIL 29TH	YEA. CHEVIOT TUNNEL AND YEA WETLANDS WALK
MAY 27TH	SEYMOUR - LIGHTHORSE MEMORIAL & SEYMOUR BUSHLAND RESERVE (BOBBO McMASTER TO LEAD WALK.)
JUNE 24TH	TRAWOOL / TALLAROOK /TRAWOOL RESERVOIR
JULY 30TH	EUROA BUSHLAND RESERVE AND ARBORETUM
AUGUST 27TH	RUSHWORTH
SEPTEMBER 24TH	HEATHCOTE/ GRAYTOWN NP
OCTOBER 29TH	THE STRATHBOGIES
NOVEMBER 26TH	REEDY LAKE TO KIRWANS BRIDGE (GRAHAM PURDON TO LEAD WALK)

Also possibilities: Day's Mill, Murchison, Faimly Walks, Weekend Walk at Point Nepean National Park or Daylesford.



WALKING GROUP

On Friday the 25th of February it was time for our much appreciated, yearly town walk. Over 30 people gathered to enjoy a guided tour by President of the Historical Society Bobbo McMaster, well supported by Nagambie local Russel Hurren. It was a wonderful walk which took the group through lesser known streets and even private gardens. A big thank you to Bobo, Russell and also Walking Group leader Wendy Mason for always doing such an excellent job in organising and planning.



The group gathering at the end of Church Street where they found out there used to be an exclusive male and female swimming spot in Nagambie.



Bobo McMaster did an amazing job leading the way and sharing fascinating stories of the past.



A lesser known view of the lake.

The little creek facing River Street was once used as a dry dock. It had a gate that would be opened to let the barges in, and then closed, whereupon the water was pumped out to allow for repairs. Here is Trish Seenan and Elizabeth Branagan looking out over the site.



Back in the day, there used to be at least six sawmills around the train track.

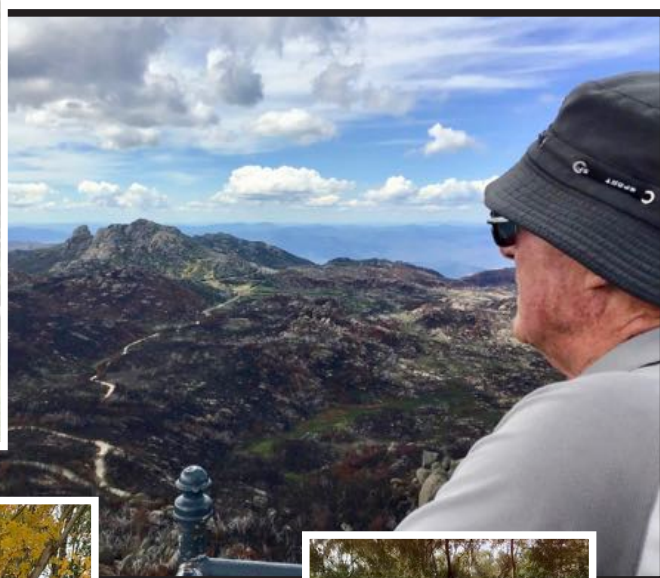
Tow 'n' Yarn

Tungmah was a good camp and was enjoyed by those who went. Very restful, good weather, a free camp with toilets and the best hot showers (donation). 10 people, plus two of my friends who happened to be in the area.

The following dates/places are tentative and may change after discussion. Any changes will be advised well ahead of time. More information will become available closer to the events.

Max Dunstone,
Group Leader

DATE	EVENT	COMMENT
2/8 March	Camp	Charlton
22 April	Meeting	10.00am Community House
2 April/2 May	Camp	To be advised
19 August	Meeting	10.00am Community House
October	Touring Camp?	To be discussed (or normal 7 day camp)
18 November	Meeting	10.00am Community House
1/6 December	Camp	To be advised



SHARED TABLE

We had a delightful evening for our March get together at Buckley Park. Thank you, David and Jill, for doing the prep work. Peter and I had a fabulous day attending Moulin Rouge with the Nagambie theatre goers' groups so arrived just in time for the meal.

Carol has offered to be the convener for the April get together. It was decided to try a high tea, starting at 4pm. So apologies for those still working who may not be able to make it at that early hour. We can have it under the gazebo, as it will be still warm at that time of day. If anyone has any nice tea sets or platters/tea pots to share on the night please let Carol know and arrange beforehand who is bringing what.

April is usually an Easter theme, fish/chocolate etc. Please let us know if you will be attending as we need firm numbers for the Community House rooms. If we have more than capacity we may look to MacKillop Hall to hire for the event.

Elizabeth Branagan, Group Leader



Elizabeth and Peter Branagan.

SCRABBLE AND CHESS GROUP

Scrabble is a word game popular worldwide. If you are a crossword addict or if you'd like to give your brain a creative workout in a casual and informal setting do come along and join in, 1.00pm to approximately 3.00pm every Monday afternoon at the Community House. The time frame usually allows for two or three groups to play two games.

The mood can vary between happy chatter and/or deep concentration but is always pleasurable and fun - we are not 'playing for sheep stations' though there is a bottle of bubbles waiting in the fridge for a player (to share) who plays their whole seven tiles in one go (it has only happened twice so far).

We look forward to new players joining the group this year, just pop in if you'd like to join the group. If you have any queries, contact Jeanette Murray 5794 2115.

Note to potential chess players - this very small group meets at the same time as the Scrabble group. Come along, you would be very welcome to join in.

Jeanette Murray, Group Leader



WELCOME GROUP

What an amazing event the first Welcome Group of the year was! Over 40 people gathered at Zephyrz to mingle, get to know each other better and welcome newcomers to town. Jeanette kicked the evening off and had also arranged a raffle which was won by Judy McDonald. A big thank you to everyone who came and to Jeanette of course, for always being such an amazing host, group leader and organiser.



Jeanette Murray.



Sandra and Alice.



Jeanette and Bev.



WELCOME GROUP

Visit the Odd Jugg at Ruffy

With such lovely weather now a longish drive isn't too much of a hassle, so we are off to Ruffy to view a wonderous collection of over a thousand various jugs, teapots and other memorabilia all set in a relaxing country garden. There's a plant nursery that features pelargoniums, geraniums, hostas and many cottage plants. Enjoy a Devonshire Tea in the enchanting garden.

Hosts: Edward and Pamela Sprunt. Contact: 5790 4240

Date: Tuesday 22nd March

Time: 2.00pm at Ruffy

Address: 459 Buntings Road, Ruffy

Travel: By private vehicle. The Odd Jug is about an hour's drive from Nagambie. Meet at the community house prior at 12.45 to pay, collect your name tag and arrange car pooling.

Food: Devonshire afternoon tea. Please advise if you require gluten free food.

Cost: \$8.00 per person (+ \$2.00 NLCH fee) which includes entry and afternoon tea.

Covid: The hosts have requested that participants be double vaxed.

Disability Access: Good

Toilet: Yes, suitable for disability access.

Parking: At rear of property.

BOOKING: To Jeanette Murray at tel: 5794 2115, or nagambiewelcomegroup@gmail.com by Tuesday 15th March. Please no late bookings.

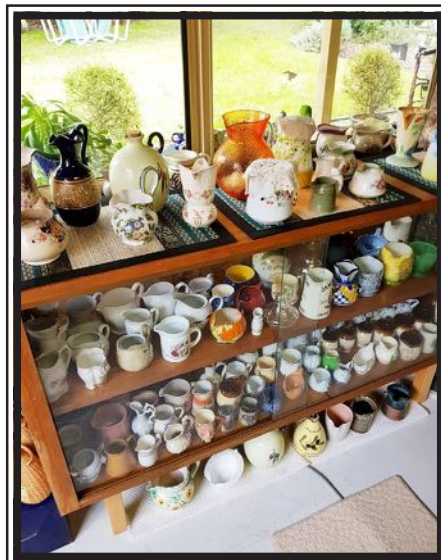


Photo by Heather Hartland.

GARDEN GROUP

Worm farming information session

Worm farming is a wonderful way to use up your household food scraps instead of binning them and the worms give you plenty of nutrients in return! So, the NLCH Garden group is holding a "pop up" workshop on worm farming!

We will talk about the difference between garden worms and composting worms, setting up their home, bedding, feeding (what to/what not to etc.) And then the benefits of these "little workers" leachate or wee and processing their castings to use on your plants. Free fertilizer for very little effort!

MONDAY 7TH MARCH

10.00AM

7 PRENTICE STREET

Come along and meet our keen gardening group, you might consider joining us in the future as we always welcome new members. Morning tea is provided at the end of the workshop.

Please contact Robyn on 0458 14733, or Yvonne on 0438 372306 for further information.



NATIONAL VOLUNTEER WEEK

National Volunteer Week coming up! 16 - 22 May

National Volunteer Week (NVW) is Australia's largest annual celebration of volunteering and will be held on 16 - 22 May 2022.

The theme for National Volunteer Week 2022 is **"Better Together."**

Volunteering brings people together; it builds communities and creates a better society for everyone.

National Volunteer Week is a chance for all of us to celebrate and recognise the vital work of volunteers and to say thank you.

Together, through volunteering, we are changing communities for the better. We are, Better Together.

Nagambie is fortunate to have a whole army of volunteers. You will find them at the Community House, the hospital, the Op Shop, our schools, Miss Rodways, the CFA, our churches and the local pool, to mention

just a few examples. Volunteers not only provide crucial services, they are the glue which holds our town together in times of trouble.

This year, the Community House would like to somehow recognise and celebrate our town's many volunteers. This is a call-out to all our members and friends to bring in their very best ideas and suggestions. How, what, when and with whom would you like us to celebrate? Should we throw a big party, march through town or arrange a breakfast? The sky is the limit!

The Community House coordinator is very excited about this opportunity and want to make sure everyone contributing by volunteering really understand how very special, important and valued they are. Email or call to share your best ideas! Coordinatornlch@gmail.com or 0437 347 203.



The Strathbogie Shire presents

Smalltalk – supported playgroups



Fun, play, learning and friendship

The Smalltalk supported playgroups provide a place for you and your child to play and socialise with others, supported by an early childhood professional.

They are free, provide a healthy morning tea and are offered across the Shire.

The program:

- Is offered during school terms in:
Euroa, Nagambie, Violet Town and Avenel (subject to numbers).
- Is a supported playgroup program for eligible families attending with a child / children aged 0 – school age.
- Is delivered over 10 weeks, providing tips and strategies to support your child's learning in a fun and relaxed way.
- Is a great way to meet other families with children in your area

To enrol families must meet at least one of these criteria:

- Holder of Health Care Card or equivalent
- Identifies as Aboriginal or Torres Strait Islander
- Caring for children in kinship (out of home care)
- Children referred by Child First or Child Protection
- Families enrolled in enhanced Maternal and Child Health Services
- Some families may qualify under social isolation, or for in-home support either separate to, or in addition to supported playgroup.

To book or for more information:

Please contact one of our Supported Playgroup Facilitators by:

Telephone: 5795 0000

Toll free: 1800 065 993

Email: info@strathbogie.vic.gov.au

COMMUNITY HOUSE GROUPS TO JOIN

ART GROUP

Meets Saturdays at the Nagambie Primary School. 1.00pm - 4.00/4.30pm
Tea break at 2.30 to share ideas. Contact Sonia Aspinall: nlchouse32@gmail.com
0475 429 976

BOOMERANG BAGS

Contact: Moya Stewart, 0425 796 297
or boomerangbagsnagambie@gmail.com

BREAST CANCER SUPPORT GROUP

Meets at the Community House. Next meeting will be in April.
Contact Di Proud: 5794 1520

COMPUTER SUPPORT

Friday mornings at the Community House.
Contact Sally Fyfield to book in an appointment: 0408 141 969 or
srfyfield@bigpond.com

CRAFT GROUP

Meets Mondays, 10:00am - 12:00pm.
Contact Beryl Dukes: 5794 2829 or
bgdukes@bigpond.com

GARDEN GROUP

Meets Mondays between 10.00am and 12.00 at 7 Prentice Street.
Contact Robyn Northey 0458 147 333

GO MEN

Primarily meets in November.
Reg Dickinson: regmno@gmail.com

LAKE SIDE LARKS

Will soon start up again. All welcome!
Contact Wendy Mason: mason.wendy.m@gmail.com

MATILDAS

Next outing: Thursday 17th March 2022 ~
A TASTE OF IRELAND
Contact Illona King: 0421 240 372
ilonaking2948@gmail.com

NEIGHBOURHOOD WATCH

Contact Peter Prygodicz: pprygodicz@gmail.com

PATCHWORK AND QUILTING

Meets Thursdays at the Community House.
10:30am - 2:00pm
Contact: Anne Turville, anneturville@gmail.com

SCRABBLE / GAMES GROUP

Meets Monday afternoons at the Community House. For more information, please contact Jeanette Murray on jmurray771@bigpond.com

SHARED TABLE

Meets every third Wednesday evening of the month, sharing a theme inspired meal. For more information and to book in contact: Elizabeth Branagan, emmeng@hotmail.com

SHIRE IMMUNISATION PROGRAM

3rd Wednesday of each month, 12:30-1:00pm
Phone 1800 655 360 for appointment

TOW 'N' YARN

For people who enjoy camping, friendship and travelling.
Contact Max Dunstone: 5794 1868

UKULELE GROUP

Meets Wednesday mornings at 9.30am at the Community House. Contact Robyn Northey: robynalice2004@yahoo.com.au

WALKING GROUP

Walking with friends on the last Friday of the month. Leaves from the Community House at 8.30. Contact: Wendy Mason
mason.wendy.m@gmail.com or 0438 231 285

WELCOME GROUP

For new and old friends.
Contact Jeanette Murray: 5794 2115 or
nagambiewelcomegroup@gmail.com

WRITING GROUP

Meets every second Tuesday of the Month.
10:00am - 12.00pm. Contact Karyn Thompson:
karynthompson1952@gmail.com

FROM THE COORDINATOR'S DESK

I've always been a sucker for a good story. It really doesn't matter what the topic is; rabbits fleeing expansion of suburbia, a young Jewish man in search of his father's memories, a Danish ship-making town and the generations it raised or the one ring to rule them all. These books do represent vastly different genres, but somehow still seem to have a few common denominators. Denominators such as loyalty. Kindness. Friendship. Bravery, or unlikely heroism. Apart from the heartbreaking sadness I am experiencing as I follow the news about what is currently happening on my home continent, it is also those same characteristics and qualities which stand out and give me hope: Loyalty. Kindness. Friendship. Bravery. Unlikely heroism.

As this text is being written, the country of Ukraine is facing an unprovoked, brutal attack on its freedom and sovereignty. It is scary and heartbreaking. Russia's despot Putin has recently threatened to unleash nuclear weapons, (in not so subtle ways), and Belarus has agreed to join Russia in the attacks on their neighbouring country. It would feel absolutely hopeless if it weren't for just loyalty, kindness, friendship, bravery, and unlikely heroism. Because the story doesn't end with evil threatening and unleashing its wrath, good is also taking a stand. For hours last night I stayed awake reading about how the entire world is rallying to stand with Ukraine. On global arenas ranging from finances to music, sport and transport, country after country are saying "No! Not on our watch! We will not let history repeat itself. We have once witnessed Hitler rape our continent and our planet, this time will be, this time **must be** different! And different it is...

Germany, at the risk of not being able to heat their own houses in the middle of winter, has agreed to block Russia out of the ever important SWIFT banking system. Sweden and Poland refuse to play Russia in the World Cup qualifiers, even if it costs them their own places in the tournament. The European Union amongst many others have closed their air space to all Russian planes. Elon Musk has made his internet satellites available and active for Ukraine as the country suffers power outages due to Russia's invasion. Google Maps in turn has temporarily disabled live traffic data in Ukraine to protect its local communities. My native Sweden, known for its neutrality, has for the first

time since Finland was attacked in 1939, agreed to send weapons and military equipment to a country at war. "This is bigger than what is currently happening in Ukraine," Swedish Prime Minister Magdalena Andersson summed it up. This is about the safety and security of our whole continent."

All over Russia, thousands of Russians are protesting what they deem is a senseless war. Yesterday's news showed Russian citizens in Melbourne burning their own passports in protest over the atrocities being committed by the tyrant in power.

And in the midst of this outpour of support, lies the country itself. With its proud people who are facing their attacker with the kind of Davidian bravery that sends shivers down my spine and makes my eyes water. When offered to have himself and his government evacuated by US Military, Ukrainian President Volodymyr Zelenskyy now famously responded: "I need ammunition, not a ride!" He, the previous Netflix star who went from pretending to be president on a TV-show, to facing one of the world's largest armies, has proven that the words he spoke at his 2019 inauguration were more than just a speechwriter's stroke of genius: ***"And please, I really don't want you to hang my portraits on your office walls. Because a president is not an icon and not an idol. A president is not a portrait. Hang pictures of your children And before you make any decision, look into their eyes."***

If I could, I would tell the whole Ukrainian country that ***I am looking.*** And tonight, as I pray with my kids, I will pray also for this story to have a truly happy ending.

***Sincerely,
Anna Close***



Photo: Love by Lou Photography