Nagambie Lakes Community House

# NEWSLETTER

**July 2022** 

# Winter Soirée at the House



hat an incredible evening we had last night! The Community House was filled with music, talent, joy, laughter and wonderful food.

A big thank you to everyone who came and performed at our very first soirée. The program included everything from Les Misérables, to

Mozart, 'Danny Boy', Dolly Parton, and Russell Turner's famous Nagambie song. There were poems read, Collingwood tunes excitedly proclaimed and marvellous food served. Just wow!

A big thank you to our very own Sally Fyfield who took the initiative to the event and also organised it. Because of the great interest in the evening, we have decided to run another event which will be a spring soirée.

Everyone is welcome, but it is worth noting the evening is centered around sharing our gifts, skills, or interests. This means that if you do not want to perform in any way, (by singing, playing reading, etc.)

363 High Street, Nagambie, VIC 3608
Web: nagambielakescommunityhouse.org
Phone: 5794 1487 Email: nlchouse32@gmail.com

[f] facebook.com/NLCHouse

ABN: 37 645 422 366

Open weekdays 10.00am - 3.00pm

### CONTINUING FROM PAGE 1.

we ask that you bring a plate to share. Please enquire with Sally Fyfield if you have any further questions or would like to book in for the evening. The date for our Spring Soirée will be Saturday the 3rd of September. If you feel a bit nervous or hesitant about performing, please remember this is not a talent show, it's simply about sharing your gift or passion with others.









### NATIONAL VOLUNTEER WEEK

We so enjoyed celebrating National Volunteer Week with you all! Big thank you to those who came and in different ways contributed. Even with the best of intentions however, we somehow managed to leave one of the slides out of our presentation. Please accept our apologies Jill.

If you would like to watch the whole slideshow, you can easily head to our YouTube Channel, (search Nagambie Lakes Community House on YouTube), or check out our Facebook page where a link is posted.

### JILL BRANAGAN



Jill volunteers at the Petanque Club, the Information Centre, the Community House, the NOW Festival Committee, the Recreation Reserve Committee, Friends of Pool, Mechanics Institute, TOWN, and was also secretary with the the Lions, before their closure last December.

NATIONAL VOLUNTEER WEEK - HONOURING OUR LOCAL HEROES

### 2022 AGM

Although there are still a couple of months left until it is time for us to gather for our Annual General Meeting, we believe that being prepared is always the best approach.

Would you be interested in sitting on our Committee? Or perhaps you know someone you think would do an amazing job? Get in touch with Anna at the House if you have any questions or if you would like to pick up a nomination form.

NAGAMBIE LAKES
COMMUNITY HOUSE
2022 AGM
21ST OF SEPTEMBER
13.30
ALL MEMBERS
WELCOME!

### NEW CLASSES AT THE HOUSE

oTAFE is coming to Nagambie and the NLCH. Interesting courses will be offered. Have a look and see if any of them would suit you!





### TUESDAY, 19 JULY 2022 - NAGAMBIE LAKES COMMUNITY HOUSE

#### CAREER ADVICE

10.00am - 1:30pm Careers Advisor and Student Attraction Officer will provide career advice and course information

FREE OF CHARGE

#### JOB TRAINER

10.00am - 10.30am: Snack size information session "Free TAFE and Job Trainer"

FREE OF CHARGE

# RETIREMENT PLANNING

1.30pm - 90min "Taster" session, for older members. Your Trainer: Sue West

FREE OF CHARGE

#### FINANCIAL LITERACY SERIES

Following the "taster" session, Sue West will run a Financial Literacy Series 3 sessions x 4 hours per session.



#### SESSION 1 Important decisions to consider before and after retirement

Tuesday: 16/8/2022 10.00am - 2.00pm

When Is the optimal time to retire? How can you boost your retirement savings What is risk and how do you manage it? How much income do I need? What happens to my super when I die?

# SESSION 2 Investments

Tuesday: 23/8/2022 10.00am - 2.00pm

Where can your money be invested? What type of investor are you? What is the difference between accumulation funds and retirement funds? Super or non-super investments?

# SESSION 3 Centrelink

Tuesday: 30/8/2022 10.00am - 2.00pm

How can you maximise your Centrelink payments? How can you deal with Centrelink without becoming a nervous wreck? Super and Centrelink - maximising both sources of retirement income.

BOOKING ESSENTIAL
CONTACT ANNA AT THE HOUSE

### COMMUNITY QUILT

s some of you might remember, the Community House took the initiative to create a quilt as the Covid-19 pandemic started to roll in over the world. It now proudly hangs on the wall at the House and serves as a beautiful reminder of how our little town came together during a very challenging time.

Now, we are also putting together a photo book about the quilt which you will soon be able to purchase at the House. Each square will have its own page where we give credit to the group or person who made it. However, there are a few squares we only have first names noted for, (or in some cases no names

at all). As we would love to honour everyone who made a square and also write a brief blurb of the story of the art work, we are asking for help.

Below are the beautiful squares we are not sure who made. Please have a look and

if you recognise either of them, we would love if you could contact coordinator Anna Close either via phone, Messenger or email. (0437)347 203. coordinatornIch@ gmail.com). Also, if you made a either square, personally or for the Football/Netball Club, the Rowing Club, the Library etc., and would like to be personally mentioned or share your thoughts behind the art work, please don't hesitate to get in touch! We would love to hear from you!

Thank you!



Front page of the book which you will soon be able to purchase at the House.





DO YOU RECOGNISE WHO DID ANY OF THE TWO SQUARES ABOVE? WAS IT YOU OR SOMEONE YOU KNOW? PLEASE CONTACT ANNA AT THE HOUSE!

### COMMITTEE REPORT

NI CH Committee he meets once a month make important decisions about the House, its activities, and priorities. Every meeting there is a report by the President, the Treasurer and the Coordinator. The secreterary also goes through what correspondence been received. In the monthly newsletter we try and highlight the most important decisions made and discussions held.

If you have any questions about anything regarding the committee and its work, please don't hesitate to contact President Edna James or Coordinator Anna Close.

Below are some of the items from last meeting's agenda:

 St. Joseph's School has kindly donated an air purifier to the House. It now stands in the Music room.



- As you may have already noticed, the Commitee decided it was time to purchase a new microwave for the kitchen. It is available to use for all members.
- As the current shade cloth for the outdoor gazebo is getting attacked by the birds, the Committee has been looking into finding a replacement. Des presented some quotes and suggested a product that would work.
- The NLCH has received notion from the Victorian Police that we will be able to receive police checks at no cost. We have also been assigned a CVF number.
- The library mural is progressing at a great rate and Trudy is working constantly. Hopefully we will be able to see the finished product soon. Thanks to an anonymous donor, we will be able to cover the mural in a graffitti proof sealant.
  - Recently the Committee and Coordinator Anna Close made a budget submission to the Shire. As a Neighbourhood House, we receive funding from government state which covers our rent and the employment of a coordiantor, 25 hours a week. Many of our neighbouring **Shires** however, also support their Community/ Neighbourhood Houses financially as they see great

value and worth in the work they do.

Our submission sought funds to arrange the Christmas Carols again, to set up our backyard for the Playgroup and other community events, to arrange a school disco and put on a shire wide talent show. (This, to mention a few examples). In total we sought \$15,000 per year.

Coordinator Anna Close also visited the Shire offices in Euroa and addressed the councillors about the budget submission and the importance of the Community House.

Regretfully, the Council decided not to give the House any financial contribution. The response we recieved was as follows, for:

"Officers to develop Policy on potential support prior to committing any funds that all Neighbourhood Houses / Community Houses may be eligible to access."

Apart from the NLCH, there is currently one more Community House in the Strathbogie Shire, at Violet Town. If you ever head up that way, go check them out! They are doing wonderful things.

### Welcome Group at the Rowing Club

hat do you do on a grey wintery day in Nagambie? You find a cosy warm place of course. About two dozen Welcome Group members found the ideal spot at The Rowing Club on a recent Thursday afternoon. Convivial conversation, great coffee and cakes, and drinks made for a perfect winter's day get together.

Pictured right: Wendy Keenan and Bob Eaton. Pictured below: Ross Murray and Terry Keenan.





### WRITING GROUP

By Karyn Thompson

We had six members at our June meeting and two apologies. We also had a drop off 'homework piece' from January. As usual we all read our homework pieces. The theme was 'Lost keys'. We had lots of laughs and plenty of conversation inspired by our works.

I always love how we handle the topics so differently but can enjoy and respect everybody's works. Our 10 minutes writing topics were "tree top aspect' (this was written on a picture that was presented), our second topic was "What colour do you think you are"? Once again we enjoyed great writings.

Our next meeting will be July 12th. The topic for homework is "It all started when I accidentally picked up the wrong suitcase at the airport".

See you in July, Karyn Thompson



ave you heard the news about our latest initiative? The Community Café is a warm and welcoming space open to anyone who wants to make new friends or just come and eat some yummy treats. There's no expectation on you to be anything but who you are.

The Café is open to everyone, but especially welcomes those who are carers, suffer from mental health challenges or perhaps feel a bit lonely in the wake of the global pandemic. At the Community House, everyone belongs!

The Café is run by former nurse Erica Bostock and takes place at the Community House, 10.30am every 2nd and 4th Thursday of the month.







### COMPUTER SUPPORT

# Need computer or phone help?

Are you struggling with your phone, tablet or computer? Or perhaps just want to learn a few new tricks to make better use of your device? Book in a session with the ever amazing technology wiz Sally Fyfield. See dates below. (From 9.30am and onwards.) Contact Sally via phone on 0408 141 969

or email: srfyfield@bigpond.com

15TH, 22ND AND 29TH OF JULY (9.30 - 12.30)
12TH AND 19TH OF AUGUST (9.30 - 12.30)



Sally Fyfield

# July Event - MOVE Museum of Vehicle Evolution

Overview: this venue is a treasure trove of exhibition spaces featuring many displays. There will be a short talk before you will be able to wander the museum at your leisure. From the MOVE brochure, some of the items you will be able to see are:

- Cars and motorcycles an ever-changing collection of vehicles from every era.
- Loel Thompson Costume Collection a beautifully presented display of 200 years of Australian fashion, including clothing, jewellery, accessories and much more.
- Kenworth Dealer Pavilion features the legends of Goulburn Valley trucking and transport industry.
- Farren Price Bicycles a fine collection of vintage bikes.
- The Furphy Museum showcases the history of this iconic family business.
- Dick Clayton Collection a personal display of gramophones, telephones and radios and their histories.
- A Museum Shop a great range of toys, books, games, models, clothing, giftware and car care products.

... so, you can see there's something for everyone.

Date: Tuesday July 19th

Time: Meet at the Community House

in Young St, Nagambie at 12.30pm to pay \$2.00 NLCH fee OF \$2.00, to collect your name tag and arrange car

pooling.

**Transport:** Private vehicle. Please car

pool if possible. If you need a ride, please advise when

booking.

**Venue:** MOVE Museum of Vehicle

**Evolution** 

**Address:** Emerald Bank Precinct, 7723

Goulburn Valley Highway, Kialla,

3631

On arrival: Assemble in foyer at 1.30pm
Website: www.moveshepparton.com.au

Parking: On site

Disability
Access and

toilet: Yes, includes a lift to first floor

**Booking:** By 5pm on Thursday, to Jeanette

Murray, Tel: 5794 2115,

Mob: 0418 140 212, or

nagambiewelcomegroup@gmail.com Absolutely no late

bookings please.

If you would like a lunch or afternoon tea: Please book yourself into the on-site MILESTONE CAFÉ which features artisanal coffee, an all-day brunch menu, and house made sweets.

Please organise your own booking at the café to Chris on Tel: 0410 184 876.



MOVE Museum: \$14,50. Costume Collection: \$7,50

Both Venues: \$20.00

### BREAST CANCER SUPPORT GROUP

By Di Prouc

## Next Gathering

he Nagambie Breast Cancer Support Group will be meeting for afternoon tea on Thursday 4 August at the Nagambie Lakes Community House in High Street at 1.00 pm.

Michelle Parish, Breast Care Nurse from GV Health will be present.

Please bring \$2.00 for NLCH and something to share with a cuppa and a chat.

The support group is for those people who have been diagnosed with breast cancer at any stage of their life. It doesn't matter whether it was two, five, ten, twenty, or thirty years ago!

If you are interested in being part of this social support group, please contact me on 0419 389 855 and leave a message.

Di Proud



### GARDEN GROUP

By Robyn Northey

### Greens for sale

arden group at 7 Prentice street has available lettuce seedlings, silver beet seedlings, fresh rhubarb, stacks of strawberry plants AND Belladonna Lilies just sprouting! These can be purchased on Monday mornings, 9.00am - 12noon, or Thursdays, but please phone Robyn on 0458 147 333 to arrange collection. Very reasonably priced!







### The Great Victorian Rail Trail

n June the Walking Group travelled 7km along the Great Victorian Rail Trail from Trawool Estate, half the way to Tallarook. We were surrounded by rolling hills, native bushland, the backwater, and the Goulburn River. It certainly was picturesque.

How fortunate were we to have Bob tell his personal story of a family member who was a soldier in the 2/22nd AIF Batallion, who trained on the campsite/farmland closeby. We viewed a memorial to the battalion and pondered on the horrors of war.

We walk on the last Friday each month, carpool at the Community House, leave at 8.30am. All most welcome!

Wendy Mason Group Leader



t was a delightful evening spent in the warm front room of our Community House, sampling all things walnutty. We had special guests, Pat and Merryl McNamara to follow on from our visit to their farm. They regaled us with anecdotes, titbits, tales tall and true while sampling our take on walnut fare.

I attempted to recreate Merryl's roast pumpkin and walnut dip as a first taste. As seconds we had Jeanette's club sandwiches with a moist delicious walnut, cheese chutney mixture. Jilly's pretend sausage rolls were a hit, hardly knowing they were meatless. Even though Jan does not like walnuts, she not only attended but brought along some individual walnut tarts, which was kindly taste tested by her lovely daughter.

This was all served very casually along the long







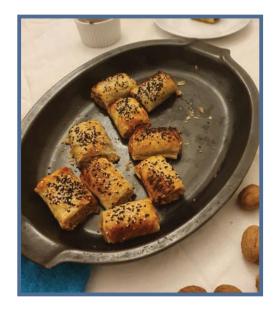


Do you love food and friends? Then check out 'Shared Table' which meets every third Wednesday of the month.

table in the warm front room, accompanied by our choice of wines and lots of laughter. Alice's offering of chicken casserole with candied walnuts was our only main course but as we had already eaten heartily, a sample was all that was needed.

Our next shared table theme will be all things French as Bastille Day is celebrated the week prior. French Cuisine is so varied, so sumptuous I am sure it will be a night of delights. All I ask is if you are attending, please wear red, white, and blue to celebrate their National French day. I will be making Creamy French Mustard Chicken Bake.

Elizabeth Branagan, Group Leader









For more information, please don't hesitate to contact Elizabeth on emmeng@hotmail.com

### LAKESIDE LARKS

his last month the Larks sang at the Nagambie Nursing Home, where we had the accompaniment of people from the Ukulele Group. Also the Uke Group and the Larks played and sang at the Volunteers Week celebrations at the Nagambie Bowling Club.

Each week we practise between 5.30 and 6.30pm on Thursday nights at the Community House. We're currently singing *Songs from Around The World* (because the thought of travel is becoming increasingly possible) and *Drinking Songs* (because it's harvest time at the local wineries!) Bring \$2 weekly. We love to sing and there are no auditions.

All newcomers most welcome!



### The Larks are hitting the road...

n Thursday 14th July the Larks will be travelling to the Colbinabbin Pub to sing, eat lunch, drink, and be merry with Julie Price who was the original leader of the Larks.

She has a few people at the pub who now sing with her. Julie can't help gathering people together to sing. It happens wherever she goes. The pub has a Facebook page under the name of The Colbinabbin Country Hotel.

The Larks will also visit the Nagambie Hostel



on Monday 18th July to entertain the residents. This is something we do regularly and hope to make it a monthly thing.

The Larks are extremely grateful for the purchase of the new keyboard.



## IMMUNISATION AVAILABLE

# THIRD WEDNESDAY OF EACH MONTH NEXT AVAILABLE DATES:

July 20 August 17 September 21 October 19 November 16 December 21

FOR FURTHER INFORMATION, AND TO BOOK: 1800 655 360, EMAIL IMMUNISE@WODONGA.VIC.GOV.AU

#### What to bring:

- Your Medicare card and
- Your vaccination record/your child's health record.

#### Who can come:

- Children aged 0 5 year, preschool and school age children according to the reccomended National Immunisation Program Schedule
- All community members of the Shire



### UKULELE GROUP



n the 21st of June, a couple of our groups ceased the opportunity to celebrate the World Music Day. The Larks and Ukes combined to sing 12 songs before enjoying lunch together with partners and friends at the Rowing Club hotel.

Robyn Northey, leader of the Ukulele Group reports: "We chose 12 songs and enjoyed entertaining ourselves as well as the few patrons, locals and visitors. wandering in for lunch. Also had a request to sing Happy Birthday for Julie Cubbin the lady who does the native bouquets which are sold at Rebecca Baker's Pharmacy.

We plan to celebrate this event again next year, perhaps outside somewhere if the weather is not so appalling".



### COMMUNITY HOUSE GROUPS TO JOIN

#### **ART GROUP**

Meets Saturdays at the Nagambie Primary School. 1.00pm - 4.00/4.30pm Tea break at 2.30 to share ideas. Contact Sonia Aspinall: nlchouse32@gmail.com 0475 429 976

#### **BOOMERANG BAGS**

Contact: Moya Stewart, 0425 796 297 or boomerangbagsnagambie@gmail.com

# BREAST CANCER SUPPORT GROUP

Meets at the Community House. Contact Di Proud: 5794 1520

#### **COMMUNITY CAFÉ**

Come and make new friends or hang out with old ones! Fortnightly, 2nd and 4th Thursday of the month. 10.30am

#### **COMMUNITY CAROLS**

Meets the first Friday of each month at the Community House

### COMPUTER SUPPORT

Most Friday mornings at the Community

Contact Sally Fyfield to book in an appointment: 0408 141 969 or srfyfield@bigpond.com

### **CRAFT GROUP**

Meets Mondays, 10:00am - 12:00pm. Contact Beryl Dukes: 5794 2829 or bqdukes@bigpond.com

#### GARDEN GROUP

Meets Mondays between 10.00am and 12.00 at 7 Prentice Street. Contact Robyn Northey 0458 147 333

### GO MEN

Primarily meets in November. Reg Dickinson: regmno@gmail.com

#### LAKESIDE LARKS

Larks is a group that likes to sing. Meeting weekly, Thursday evenings from 5.30 to 6.30 at the Community House. Leads the

singing at many community events. Contact Wendy Mason: mason.wendy.m@gmail.com

#### **MATILDAS**

Attends cultural events such as plays and exhibitions. Contact Illona King: 0421 240 372 or ilonaking2948@gmail.com

#### PATCHWORK AND QUILTING

Meets Thursdays at the Community House. 10:30am - 2:00pm

Contact: Anne Turville, anneturville@gmail.com

#### SCRABBLE / GAMES GROUP

Meets Monday afternoons at the Community House. For more information, please contact Jeanette Murray on jmurray771@bigpond.com

#### SHARED TABLE

Meets every third Wednesday evening of the month, sharing a theme inspired meal. For more information and to book in contact: Elizabeth Branagan, emmeng@hotmail.com

### Tow 'N' YARN

For people who enjoy camping, friendship and travelling. Contact Max Dunstone: 5794 1868

### UKULELE GROUP

Meets Wednesday mornings at 9.30am at the Community House. Contact Robyn Northey: robynalice2004@yahoo.com.au

### WALKING GROUP

Walking with friends on the last Friday of the month. Leaves from the Community House at 8.30. Contact: Wendy Mason mason.wendy.m@gmail.com or 0438 231 285

### WELCOME GROUP

For new and old friends. Contact Jeanette Murray: 5794 2115 or nagambiewelcomegroup@gmail.com

#### WRITING GROUP

Meets every second Tuesday of the Month. 10:00am - 12.00pm. Contact Karyn Thompson: karynthompson1952@gmail.com